

Bonus Days

The more desserts purchased, the more our school earns!



NEW! 4922
Strawberry Patch
Cake p. 3



3069



2189



7763



4068

3069 ChicNSteakes
Top seller. Beautifully trimmed and individually wrapped.
99% fat free. 100% easy. 12-4 oz./ \$14.89 **\$13.89**

2189 Krispy Krunchy Cod
This flaky N. Atlantic cod coated with bread crumbs
makes a quick entrée. 9-3.6 oz./\$14.99 **\$13.99**

7763 Vegetable Fried Rice
Authentic taste featuring carrots, peas, onions and eggs.
With garlic sauce. 2-1 lb. rice/2-2 oz. sauce/\$8.99 **\$8.49**

4068 Fully Cooked Bacon Slices
Great for breakfast, burgers & BLT.
40 slices/\$16.69 **\$15.69**



5131



4688



4042



4211

5131 French Toast Sticks
Serve these crisp, thick-cut batter fried sticks for a
kid-friendly breakfast. 43-45 sticks/2.5 lbs./\$7.99 **\$7.49**

4688 Broccoli Florets
All florets, no stems, Grade A
fancy. 2-2 lb. resealable bags/\$9.49 **\$8.99**

4042 Breaded Mozzarella Sticks with Sauce
Tasty cheese with crunchy breading.
35-45 sticks/6 sauce packets/3.25 lbs./\$13.39 **\$12.39**

4211 Seasoned Wedge Fries
Crispy, savory skin-on potato seasoned wedge fries.
2 lbs./\$6.29 **\$5.79**

NEW!



NEW! 7171 Spaghetti Pie
Real cheeses & a zesty meat sauce
top our Spaghetti Pie. This delectable
dinner bakes up in an ovenable pie plate for
an easy meal. 2-28 oz./\$14.99 **\$1.49 per serving**

NEW!



NEW! 2162 Fish Sticks
One taste and you'll be hooked! Our panko
breaded, all natural fish sticks are cut from
mild & flaky whole Alaskan pollock filets.
2 lbs./\$10.49

See More Delicious Seafood
Selections on Page 2 ▶

Prices valid for sale dates 3/2/14 – 3/29/14

What's Your Favorite?

See all the delicious
Bonus Days choices
on page 3.



#4922
Strawberry Patch
Cake



FREE

Munchtables

Combo Pack

(2-10 oz. bags)
with \$90 online purchase*
Promo Code: **MARBONUS**



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Icon Guide

These symbols will help you find the right products to fit your lifestyle.

Taste for Health®
Contains no more than 300 calories, 10g total fat and 600mg sodium per serving.

Naturals
Contains no preservatives, artificial flavors or colors and have 0g trans fat per serving.

Microwave

Quick Cook
From freezer to table in 15 minutes or less.

Peanut Free

Gluten Free

USDA Choice Meat
USDA grade of Choice is known for exquisite taste and tenderness.

Last Month This Season
Stock up, these items will not appear in next month's Order Guide.

Fish & Seafood

2171 Premier Popcorn Shrimp    
Shrimp that don't skimp on big juicy taste. Golden, crunchy, the perfect party munchy. Tail-off.
67-98 pieces/1.5 lbs./\$8.79 **\$8.29**

\$1.04
per serving



2017

2017 Potato Encrusted Pollock 



Enjoy this mild, flaky white fish and its crunchy potato exterior. Bake for great results. 6-4 oz./\$10.99 **\$9.99**



2082

2082 Wild Alaskan Grilled Salmon    

Get your fill of fresh grilled taste anytime. Boneless, skinless, fully cooked. 6-4 oz. fillets/\$15.99



2195

2195 Wood Roasted Wild Salmon    

Alaskan wild salmon has natural wood smoke flavor. High in Omega-3's. Individually wrapped. 4-5 oz./\$17.49 **\$16.49**



2145

2145 Crab Cakes    

Make a splash with cakes made from fresh lump crab meat and crunchy bread crumbs. 8-2 oz./\$14.99 **\$13.99**



2144

2050 Seasoned Salmon    
Reel in the catch of the day. A Market Day exclusive. Lightly seasoned. 4-5 oz./\$17.49



2050

2014 Lemon Pepper Breaded Haddock    

A firm, flaky fish with a mild taste. Each filet is superbly seasoned with zesty breadcrumbs. 1.5 lbs./\$15.29 **\$14.29**



2092

2144 Mediterranean Tilapia    

Perfectly seasoned with olive oil, garlic, sundried tomato, onion & bell peppers. 160 calories. 4-5 oz./\$13.39



2014

2092 Sweet Potato Encrusted Pollock     

Pollock with sweet potato breading. Kid friendly. 14 g of protein. Beta-carotene & antioxidants. 1.5 lbs./\$10.49 **\$9.99**



2125

2125 Naked Haddock Filets    

Delicious flaky white fish, mild taste. Additive Free. Individually wrapped. 6-4 oz./\$16.99 **\$15.99**

BONUS DAYS Desserts

The more desserts purchased,
the more we earn!

Up to 99 Desserts... Earn 15% Profit

100-499 Desserts... Earn 30% Profit

500+ Desserts... Earn 45% Profit

NEW!

4878



4906



4922

4628



4800



4881



4896



4902



4893



4918



4861



NEW! 4922 Strawberry Patch Cake

Yellow layer cake with strawberry filling & glazed top. Buttercream sides. Light & heavenly, perfect for your spring celebrations! 8 inch/\$14.00

4878 Turtle Cheesecake

Super creamy with chocolate, caramel and pecans. 8 inch/pre-sliced/\$14.00

4906 Raspberry Lemonade Pie

As refreshing as springtime! Tangy raspberry lemonade filling in a vanilla crunch cookie crust. Topped with real whipped cream. 9 inch/\$14.00

4628 Classic Apple Pie

Gourmet pie packed with apples. Homemade taste. Bake and serve. 10 inch/\$12.00

4800 French Silk Pie

Sensory overload! Silky smooth filling, whipped cream and chocolate curls. Thaw & serve. 10 inch/\$14.00

4881 Peanut Butter Cup Pie

Decadent & loaded with peanut butter cups. Whipped chocolate & peanut butter filling. 9 inch/\$16.00

4896 Key Lime Pie

Nothing says spring like the taste of key limes blended with cream on a graham cracker crust. 9 inch/\$14.00

4902 Lemon Cake

Beautifully dressed lemon cake with lemon cream cheese frosting & white chocolate curls. 8 inch/\$15.00

4893 Strawberry Rhubarb Pie

The ultimate blend of spring-sweet strawberries and tender rhubarb. Made with a flaky double crust. 9 inch/\$12.00

4918 Salted Caramel Chocolate Pie

Pastry crust with layers of salted caramel/almonds and French Silk. Topped with whipped cream, chocolate/caramel drizzle, and almonds. 9 inch/\$16.00

4861 Cherry Streusel Pie

Tender, golden flaky pie crust generously filled with juicy tart red cherries and topped with a rich, buttery streusel. 9 inch/\$13.00

All products may contain traces of nuts and tree nuts.



7076



4035



7068

7076 Stuffed Eggplant 🍆🍷🍷
Breaded eggplant stuffed with ricotta cheese. 8-3.5 oz. pcs./\$10.29 **\$9.79**

4035 Mediterranean Pizzas 🍕🍷🍷🍷
Spinach, tomatoes, mozzarella & feta. 2-7x9 inch/\$8.99 **\$8.49**

7068 Margherita Flatbread 🍷🍷🍷
Tomatoes & mozzarella atop a cracker-thin crust. 11 oz./\$6.99



4608



4291

4608 Easy Serve Mac & Cheese by Kraft 🍷
Classic "blue box" flavor. Ready to serve. 8-7 oz. packages/\$10.99 **\$9.99**

4291 Cheese Ravioli 🍷🍷
Tender pasta pillows filled with creamy Ricotta. 76-82 raviolis/3 lbs./\$9.99 **\$9.49**

4215 Easy Guacamole 🍷🍷🍷
Chopped avocados & seasonings. Mash & serve. 1 lb. pouch/\$7.99 **\$7.49**



4215



7081



4010

7081 Cheese Pizzas 🍷
Thin crust loaded with tangy Italian sauce and a generous blend of cheeses. Top seller. 3-12 inch/\$12.99 **\$11.99**

4010 Mozzarella Bites 🍷🍷
Pizzeria style dough & 100% Mozzarella cheese. 22 oz./\$7.99

4261 Five Cheese Garlic Toast 🍷🍷🍷
Bread with 5 cheeses, garlic and butter. 16 slices/\$6.49 **\$5.99**



4261



2245



7159

2245 Bosco® Breadsticks 🍷🍷
Favorite at school! Enjoy after school at home! Soft and chewy. Stuffed with mozzarella cheese. 18-3.1 oz./\$13.99 **\$12.99**

7159 Wild Mushroom Ravioli 🍷🍷
Fine dining fast. Wild and rare mushroom filled ravioli squares. Top with your favorite sauce. 1.5 lbs/\$8.99 **\$8.49**

7135 Cheese Lasagna Rollups



A trio of Italian cheeses tucked in a lasagna noodle. Top with your favorite sauce and bake whenever the craving strikes. All natural. 12-2.75 oz./\$11.99 **\$10.99**



Easy Meal That Tastes Great

"An easy meal... that got rave reviews from the adults and kids in my house (which can be hard to find)...we will order again!!!"

—Partyof5, MD

Make It Meatless

Dessert Bonus Days p. 3

- **4861 Cherry Streusel Pie**
9 inch/\$13.00
- **4628 Classic Apple Pie**
10 inch/\$12.00
- **4800 French Silk Pie**
10 inch/\$14.00
- **4896 Key Lime Pie**
9 inch/\$14.00
- **4902 Lemon Cake**
8 inch/\$15.00
- **4881 Peanut Butter Cup Pie**
9 inch/\$16.00
- **4906 Raspberry Lemonade Pie**
9 inch/\$14.00
- **4918 Salted Caramel Chocolate Pie**
9 inch/\$16.00
- **4922 Strawberry Patch Cake**
8 inch/\$14.00 **NEW**
- **4893 Strawberry Rhubarb Pie**
9 inch/\$12.00
- **4878 Turtle Cheesecake**
8 inch/pre-sliced/\$14.00

Meat

- **1264 Mixed Grill**
4-1/4 lb Patties, 4-ChicNSteakes,
4-Boneless Pork Chops/\$16.99

Beef

PICTURED — SAVE UP TO \$1.00

- **1255 French Dip p. 8**
36 oz. tub/\$9.99 **\$8.99**
- **1260 Sirloin Beef Roast p. 9**
2 lbs./\$16.49 **\$15.49**
- **1094 1/4 lb. Beef Patties - 10 ct**
10-4 oz./\$12.49
- **1277 100 Calorie Steaks**
6-3.75 oz./\$15.69
- **1332 All Beef Hot Dogs**
12-2.67 oz./\$10.99
- **1122 Fully Cooked Pot Roast**
2.25 lbs./\$15.69
- **1058 Ground Beef - 85% Lean**
4-1 lb. pkg./\$17.29
- **7630 Hearty Beef Stew**
2.25 lb. bag/\$12.99
- **1096 Home-Style Gravy & Beef Tips**
2.5 lb. pouch/\$14.99
- **1215 Italian Style Meatballs**
59-71 pieces/3 lb. resealable bag/\$15.39
- **7058 Meat Loaf Slices**
8-3.5 oz./\$11.39
- **1131 Ranch Steaks®**
6-5 oz./\$17.99
- **1280 Whole Beef Flat Iron**
16 oz./\$10.99

Pork

PICTURED — SAVE UP TO \$1.00

- **1318 Boneless Pork Chops p. 7**
6-5 oz./\$12.29 **\$11.29**
- **1274 Italian Rack of Pork p. 8**
2.8 lbs./\$16.99
- **1144 Petite Boneless Sliced Ham p. 9**
97% fat free, 2.5 lbs./\$15.99 **\$14.99**
- **1192 Stuffed Pork Roast p. 9**
3 lbs./\$15.69 **\$14.69** **LM**

- **1108 Whole Pork Tenderloins p. 7**
2-3 pieces/2.25 lbs./\$14.69 **\$13.69**
- **1226 Bacon Wrapped Tournedos**
6-4 oz./\$12.59
- **1202 Barbecued Pork**
2-1.5 lb. tubs/\$15.69
- **7050 Boneless Pork Riblets**
36-37 pieces/1.75 lbs./\$12.29
- **1682 Dijon Encrusted Pork Chops**
4-5 oz./\$12.49
- **1250 Fully Cooked Baby Back Ribs with Sauce** **LM**
1 slab/1.65 lbs./\$15.99
- **1288 Peppercorn Pork Loin**
1.5 lbs./\$8.99
- **1316 Stuffed Pork Chops** **LM**
4-8 oz./\$14.29

Poultry

PICTURED — SAVE UP TO \$1.00

- **3240 100 Calorie Turkey Filets p. 7**
6-3.75 oz./\$13.59 **\$12.59**
- **3069 ChicNSteakes p. 1**
12-4 oz./\$14.89 **\$13.89**
- **3091 Crème Brie Stuffed Chicken Breast p. 9**
4-6 oz./\$12.49 **\$11.49**
- **3173 Diced Chicken Tenderloins p. 7**
2-1 lb. bags/\$13.99 **\$12.99**
- **3218 Lemon Pepper ChicNSteakes p. 7**
8-4 oz./\$11.99 **\$10.99**
- **3226 Naked Bruschetta Stuffed Chicken Breast p. 8**
4-5 oz./\$11.69 **\$10.69**
- **3174 Naked Mushroom & Cheese Stuffed Chicken Breast p. 7**
4-5 oz./\$11.69
- **3178 Oven Ready Boneless Turkey Breast p. 9**
4-6 lbs.* @ \$4.99 **\$4.79 per lb.**
- **3164 Seasoned Chicken Breast Strips p. 8**
2 lb. resealable bag/\$14.79 **\$13.79**
- **1037 Stuffed Chicken Roast p. 9**
2.5 lbs./\$19.79 **\$18.79**

- **3141 Artichoke Parmesan Stuffed Chicken Breast**
4-5 oz./\$12.49
- **3171 Breaded Chicken Breast Patties**
15-17 pieces/3 lbs./\$13.99
- **3156 Broccoli & Cheese Stuffed Chicken**
8-6 oz./\$15.99
- **3048 Chicken Cordon Bleu**
8-6 oz./\$15.99
- **3027 Chicken Gems®**
3 lb. resealable bag/\$13.99
- **7054 Chicken & Dumplings**
2.5 lb. pouch/\$10.99
- **3108 Chicken Fries**
96-120 pieces/3 lb. resealable bag/\$14.99
- **3024 Chicken Kiev**
8-6 oz./\$15.99
- **3033 Chicken Nuggets**
62-72 pieces/3 lb. resealable bag/\$13.99

- **3103 Chicken Parmesan Patties**
8-3.55 oz./\$13.99
- **7138 Chicken Pot Pie**
2.5 lbs./\$12.99
- **7091 Chicken Stir-Fry Kit**
4-6 servings/2.4 lbs./\$14.99
- **3070 Chicken Tenders**
2 lb. resealable bag/\$14.79
- **3151 Fully Cooked Buffalo Chicken Bites**
2 lb. resealable bag/\$13.99
- **3193 Fully Cooked Turkey Sausage Links**
40 links/2 lb. resealable bag/\$9.39
- **3153 General Tso's Chicken**
4-10 oz. trays/\$11.99
- **3198 Gourmet Bistro Chicken**
2-1/2 Chickens/\$12.29
- **3168 Hickory Smoked BBQ Chicken** **LM**
2-1 lb. bags/\$10.99
- **3136 Honey BBQ Chicken Tenders**
2 lb. resealable bag/\$13.99
- **7170 Individual Chicken Pot Pies**
4-10 oz. trays/\$9.99
- **3161 Naked 4 Cheese Stuffed Chicken Breast**
4-5 oz./\$11.69
- **3184 Naked Broccoli & Cheese Stuffed Chicken Breast**
4-5 oz./\$11.29
- **3190 Naked Cordon Bleu Stuffed Chicken Breast**
4-5 oz./\$11.69
- **3158 Popcorn Chicken**
2 lb. resealable bag/\$10.99
- **3072 Teriyaki ChicNSteakes**
8-4 oz./\$11.99

Seafood

PICTURED — SAVE UP TO \$1.00

- **2145 Crab Cakes p. 2**
8-2 oz./\$14.99 **\$13.99**
- **2162 Fish Sticks p. 1** **NEW**
2 lbs./\$10.49
- **2189 Krispy Krunchy Cod p. 1**
9-3.6 oz./\$14.99 **\$13.99**
- **2014 Lemon Pepper Breaded Haddock Fillets p. 2**
1.5 lbs./\$15.29 **\$14.29**
- **2144 Mediterranean Tilapia p. 2**
4-5 oz./\$13.39
- **2125 Naked Haddock Fillets p. 2**
6-4 oz./\$16.99 **\$15.99**
- **2017 Potato Encrusted Pollock p. 2**
6-4 oz./\$10.99 **\$9.99**
- **2171 Premier Popcorn Shrimp p. 2**
67-98 pieces/1.5 lbs./\$8.79 **\$8.29**
- **2050 Seasoned Salmon p. 2**
4-5 oz./\$17.49
- **2092 Sweet Potato Encrusted Pollock p. 2**
1.5 lbs./\$10.49 **\$9.99**
- **2082 Wild Alaskan Grilled Salmon p. 2**
6-4 oz. fillets/\$15.99
- **2195 Wood Roasted Wild Salmon p. 2**
4-5 oz./\$17.49 **\$16.49**
- **2117 Battered Alaska Cod**
2-12 oz. bags/\$11.69
- **2188 Calamari**
2-8 oz. bags/\$10.89

- **2141 Garlic & Herb Shrimp**
51-60 per lb./1 lb./\$14.99
- **2041 Gourmet Stuffed Flounder**
6-5 oz. fillets/\$19.99
- **2178 Lemon Parmesan Salmon**
4-5 oz./\$17.49
- **2129 Oven Ready Breaded Coconut Shrimp**
31-37 pieces/1.5 lbs./\$15.29
- **2405 Oven-Ready Butterfly Shrimp**
18-25 per lb./2 lbs./\$17.29
- **2156 Shrimp Scampi**
2-8 oz. pouches/\$13.99
- **2074 Tilapia Fillets**
5-8 fillets/1.5 lbs./\$14.29

Breakfast

PICTURED — SAVE UP TO \$1.00

- **5131 French Toast Sticks p. 1**
43-45 sticks/2.5 lbs./\$7.99 **\$7.49**
- **4068 Fully Cooked Bacon Slices p. 1**
40 slices/\$16.69 **\$15.69**
- **5190 Petite Banana Breads p. 8**
6-3.6 oz./\$9.49 **\$8.99**
- **5186 Bacon, Egg & Cheese Wrap**
8-4 oz./\$14.29
- **5119 Breakfast Casserole** **LM**
2-1.5 lb. trays/\$12.69
- **2281 Breakfast Pizzas**
6-6 inch pizzas/\$11.29
- **5160 Chocolate Chip Mini Pancakes**
2-48 packs/1.65 lbs./\$11.29
- **5169 Cinnamon Crunch French Toast Bites**
44-48 sticks/2 lbs./\$8.99
- **5086 Cinnamon Scones**
12-2.5 oz./\$10.99
- **5044 Ham, Egg White, Cheese English Muffin**
6-4 oz./\$9.69
- **5080 Kellogg's® Frosted Flakes™ Bowls**
18-1 oz./\$9.99
- **5091 Microwave Pancakes**
18-3 packs/3.75 in. dia./3 lbs./\$10.69
- **5178 Mini Breakfast Bagel**
18 bagels/\$7.79
- **5157 Mini Cheese Omelets**
12-2 oz./\$9.89
- **5098 Mini Sausage, Egg & Cheese Sandwiches**
8-3.15 oz./\$10.49
- **5094 Ultimate Breakfast Cookie**
12-2.2 oz./\$9.49

Side Dishes

PICTURED — SAVE UP TO \$1.00

- **8175 Baby Baked Potatoes p. 9**
2 lb. resealable bag/\$10.59 **\$9.59**
- **2245 Bosco® Breadsticks p. 4**
18-3.1 oz./\$13.99 **\$12.99**
- **4688 Broccoli Florets p. 1**
2-2 lb. resealable bags/\$9.49 **\$8.99**
- **8160 Cheesy Hashbrown Bake p. 8**
28 oz. tray/\$8.29

- 8162 "Extra Young" Tiny Peas p. 7
2-2 lb. resealable bags/\$9.69 **\$9.19**
- 4261 Five Cheese Garlic Toast p. 4
16 slices/\$6.49 **\$5.99**
- 7782 French Breadsticks p. 8
20-1.5 oz./\$9.29 **\$8.79**
- 8150 Kyoto Blend p. 7
2 lb. resealable bag/\$9.39 **\$8.89**
- 7787 Praline Sweet Potato Casserole p. 9 
2 lb. tray/\$9.99
- 4211 Seasoned Wedge Fries p. 1
2 lbs./\$6.29 **\$5.79**
- 8180 Supersweet Corn p. 9
2-2 lb. resealable bags/\$8.99 **\$8.49**
- 4615 Sweet Corn Casserole p. 9
2 lb. tray/\$9.99 
- 4250 Sweet Potato Medley p. 9
1.5 lb. resealable bag/\$9.89 **\$9.39**
- 4277 Three Cheese Twice Baked Potatoes p. 9
10-5 oz. portions/\$10.99 **\$9.99**
- 7763 Vegetable Fried Rice p. 1
2-1 lb. rice & sauce/\$8.99 **\$8.49**

- 8205 9-Grain Orzo Blend
1.5 lbs./\$8.99
- 8189 Baja Roasted Corn Blend
2 lb. resealable bag/\$7.99
- 8197 California Blend
2-2 lb. resealable bags/\$9.49
- 4288 Farmer's Market Blend
2 lb. resealable bag/\$7.59
- 4223 Garlic Knots
18 count/\$9.79
- 8168 Gourmet Green Beans
2-2 lb. resealable bags/\$10.29
- 8137 Green Bean Munchtables
3-10 oz. bags/\$8.99
- 7792 Home-Style Biscuit Dough
22-24 pieces/3.75 lbs./\$8.59
- 4694 Mashed Potato Patties
12-3 oz./resealable bag/\$8.49
- 8174 Nantucket Island Blend
2 lb. bag/\$7.39
- 4680 Quick 'n' Crispy Shoestring French Fries
2.5 lb. resealable bag/\$8.39
- 4098 Steakhouse Onion Rings
2 lbs./\$7.99
- 8190 Sweet Corn Cob Minis
2-4 pack/\$5.99
- 8132 Sweet Potato Biscuits
25-2.15 oz./\$11.99
- 4281 Sweet Potato Fries
2-1 lb. bags/\$9.29
- 8145 Whole Grain Sweet Pea Blend
2-10 oz./\$4.99
- 8169 Yukon Gold Potato & Vegetable Blend
2 lbs./\$7.39
- 8203 Zucchini Munchtables
3-10 oz. bags/\$8.99

Appetizers

- PICTURED — SAVE UP TO \$1.00**
- 7832 Angus Sliders p. 8
10-2.45 oz./\$12.99 **\$11.99**

- 4042 Breaded Mozzarella Sticks with Sauce p. 1
35-45 stcks/6 sce packts/3.25 lbs./\$13.39 **\$12.39**
- 4215 Easy Guacamole p. 4
1 lb. pouch/\$7.99 **\$7.49**
- 4010 Mozzarella Bites p. 4
22 oz./\$7.99
- 4030 Buffalo Chicken Sticks
2.5 lbs./approx. 40 sticks/\$12.79
- 6020 Cheddar & Bacon Potato Skins
Approx. 15 pieces/1 lb./\$7.99
- 4048 Egg Rolls w/Sauce
24-1.5 oz. egg rolls/3 sauce packets/\$14.49
- 7851 Li'l Bagel Dogs
28-32 pieces/1.25 lbs./\$9.99
- 4067 Mini Chicken Cordon Bleu Bites
31-33 pieces/2 lbs./\$11.99
- 4108 Stuffed Appetizer Bread
2-22 oz. loaves/\$12.99
- 4120 Three Cheese Mini Pizza Bagels
36 bagels/\$10.59
- 4135 Three Cheese Stuffed Dipper
18 oz./6 oz. sauce/\$6.59

Pizza & Pasta

- PICTURED — SAVE UP TO \$1.00**
- 7135 Cheese Lasagna Rollups p. 4
12-2.75 oz./\$11.99 **\$10.99**
- 7081 Cheese Pizzas p. 4
3-12 inch/\$12.99 **\$11.99**
- 4291 Cheese Ravioli p. 4
76-82 raviolis/3 lbs./\$9.99 **\$9.49**
- 4608 Easy Serve Mac & Cheese by Kraft® p. 4
8-7 oz. packages/\$10.99 **\$9.99**
- 7192 Lasagna with Meat Sauce p. 8
32 oz. tray/\$9.99 **\$9.49**
- 7068 Margherita Flatbread p. 4
11 oz./\$6.99
- 4035 Mediterranean Pizzas p. 4
2-7x9 inch/\$8.99 **\$8.49**
- 7171 Spaghetti Pie p. 1 
- 2-28 oz./\$14.99
- 7076 Stuffed Eggplant p. 4
8-3.5 oz. pcs./\$10.29 **\$9.79**
- 7159 Wild Mushroom Ravioli p. 4
1.5 lbs/\$8.99 **\$8.49**

- 3455 Cheese Pizza Eat-zzas™
6-5 inch/\$8.39
- 7144 Chicken & Cheese Ravioli
1.5 lbs/\$6.99
- 7095 Fiesta Pizza
2-12 inch/\$10.89
- 3456 Pepperoni Pizza Eat-zzas™
6-5 inch/\$8.99
- 7088 Pepperoni Thin Crust Pizza
3-12 inch/\$13.99
- 7074 Supreme Thin Crust Pizza
2-10 inch/\$13.49

Soup & Sandwiches

- 7168 Broccoli & Cheddar Soup
32 oz. pouch/\$9.99

- 7151 Cheesy Baked Potato Soup
32 oz. pouch/\$9.69
- 6153 Chop House® Cheeseburgers
6-4.8 oz./\$11.99
- 3434 PB&J Squarewiches®
8-2.7 oz./\$9.49
- 7007 Philly Cheese Steak Kit
4 sandwiches/2.63 lbs./\$14.99
- 7123 Pretzel Dogs
6-4.7 oz./\$10.29
- 7065 Smoked Ham & Provolone Pretzel Sandwich
6-5.8 oz./\$14.29
- 7173 Turkey & Cheese Pretzel Sandwich
6-5 oz./\$14.39
- 7021 Uno's® Pepperoni Tastefulls™
6-4 oz. ind. wrapped/\$10.99

Desserts

- PICTURED — SAVE UP TO 50¢**
- 4726 Apple Crisp p. 8
2-24 oz. trays/\$9.99 **\$9.49**
- 4936 Old Fashioned Apple Cake p. 8
7 inch/\$9.49 **\$8.99**
- 4910 Apple Blossoms®
8-4 oz./\$11.69
- 7680 Chocolate-Chocolate Chip Cakes
12-2 oz. individual cakes/\$10.49
- 4809 Chocolate Chip Cookie Dough
61-75 pieces/3 lbs./\$7.99
- 3402 Chocolate Chip Cookie Dough Cups
8-3 oz. cups/\$8.49
- 4823 Cinnamon Coffee Cake Slices
8-3.6 oz./\$10.79
- 4795 Fudge Dipped Brownie Pops
8-2 oz/\$8.79
- 4750 Fudge Dipped Cheesecake Pops
8-1.8 oz./\$8.79

Snacks

- PICTURED — SAVE UP TO \$1.00**
- 3436 Colby Jack Snack Sticks p. 7
24-.83 oz. sticks/\$9.49 **\$8.99**
- 5111 Fruit Singles® p. 7
12-4 oz. cups/\$10.99
- 3440 GoGo SqueeZ™ Apple Strawberry p. 7
18-3.2 oz./\$13.29 **\$12.29**
- 3499 30 Count String Cheese
30-1 oz. sticks/\$11.49
- 8858 American Cheese
72 slices/3 lbs./\$13.79
- 3461 Cheez-It® Snack Packs
25-.75 oz bags/\$8.59
- 3426 Fruit Snacks Variety Pack
28-.84 oz. pouches/\$7.99

- 3409 Giant Cinnamon Goldfish® Grahams
25-.9 oz. pouches/\$6.99
- 3496 GoGo SqueeZ™ Applesauce
18-3.2 oz./\$13.29
- 3486 GoPicnic® Salami & Cheese Ready-to-Eat Meal
1 box/\$3.99
- 3465 Hummus & Pita Chips
6-3.1 oz./\$9.79
- 6166 Quaker Chewy® Granola Bar Variety Pack
24-.84 oz./\$8.29
- 3366 Whole Grain PB&J Grahamwiches
12-2.2 oz. sandwiches/\$11.49

Beverages

- PICTURED — SAVE UP TO \$1.00**
- 8118 Gatorade® Kid-Size Variety Pack P. 8
28-12 oz. plastic bottles/\$17.99
- 8107 Nesquik® Low Fat Chocolate Milk p. 8
24-8 oz. plastic bottles/\$19.59 **\$18.59**
- 8091 Arnold Palmer® Ice Tea Lemon Stix
2-30 count boxes/\$14.99
- 8088 Nestle® Juicy Juice®-Apple
24-10 oz. plastic bottles/\$18.59
- 8093 Organic Chocolate Milk
12-8 oz. cartons/\$14.99

ICON GUIDE

-  **Taste for Health®**
Contain no more than 300 calories, 10g total fat, & 600mg sodium per serving.
-  **Market Day Naturals®**
No preservatives, artificial flavors or colors and have 0 grams trans fat.
-  **Microwaveable**
Easily prepared with great results in the microwave.
-  **Quick Cook**
From freezer to table in 15 minutes or less.
-  **Peanut/Nut Free**
Check website for most up-to-date info.
-  **Gluten Free**
Check website for most up-to-date info.
-  **USDA Choice Meat**
USDA grade of Choice is known for exquisite taste and tenderness.
-  **Last Month This Season**
Stock up, these items will not appear in next month's Order Guide.

For nutrition   and allergy information visit marketday.com

★★★★★ Customer Ratings

☐ New Customer ☐ Change of Name/Address/Phone ☐ Add to Order Guide Mailing List (check all that apply)

Last Name First Name ☐ I want to volunteer.

E-mail ☐ Yes, please send special offers and promotions to my email address.

Address City State Zip
() ()
Home Phone Cell or Other

A portion of every purchase goes to your school. Products, pricing & promotions are current at time of printing & subject to change. All products sold by box only. ©2014 Market Day Corporation

RD

TOTAL QUANTITY ORDERED

100% SATISFACTION GUARANTEED
If you have questions about a product, call us toll free at 877.632.7753
Mon-Fri 7am-6pm & Sat 8am-12pm CST.

Delicious

"I love the convenience of being individually wrapped... They were absolutely great. So tender you could cut them with a fork. I will purchase them again."

—delaine, KY

Taste For Health®

All items contain no more than
300 calories, 10g total fat
and 600mg sodium.

1318 Boneless Pork

Tenderloin

As much juicy flavor as you'd get in a restaurant. Cut from the succulent center of the loin. Individually wrapped.

6-5 oz./\$12.29 **\$11.29**

3440 GoGo Squeeze™ Apple

Strawberry

No spoon, no mess and no added sugar! 18-3.2 oz./\$13.29

68¢
per serving

3240 100 Calorie Turkey Filets

Portion controlled. 22g of protein & 98% fat free. 6-3.75 oz./\$13.59

\$12.59

1108 Whole Pork Tenderloins

Don't wait for Sunday to serve this favorite. Naturally lean. Ready to cook.

2-3 pieces/2.25 lbs./\$14.69

5111 Fruit Singles®

Peaches and strawberries. No sugar added. 12-4 oz. cups/\$10.99

3173 Diced Chicken Tenderloins

Add pizzazz to recipes with bite size chunks of all white chicken. Fully-cooked. 2-1 lb. bags/\$13.99

\$12.99

3218 Lemon Pepper

ChicNSteakes

Moist, flavored chicken breast. Individually wrapped. Hand trimmed. 8-4 oz./\$11.99

\$10.99

3174 Naked Mushroom Stuffed

Chicken Breast

170 calories. Stuffed with onions, mushrooms and Swiss cheese. 4-5 oz./\$11.69

3436 Colby Jack Snack Sticks

A great taste and calcium kick together. Low carb. Big taste. Perfect for snacks. 24-.83 oz. sticks/\$9.49

\$8.89

8150 Kyoto Blend

Edamame, red peppers, corn, carrots, broccoli. 2 lb. resealable bag/\$9.39

\$8.89

8162 "Extra Young" Tiny

Peas

The finest and sweetest ever!

2-2 lb. resealable bags/\$9.69

44¢
per serving

\$9.19



Customer Favorites



Excellent Product

"These mini banana breads are awesome. Very flavorful, convenient, and no nuts. So glad I tried this new product...just did my two box order for next month."

—DannysMom, IL

5190 Petite Banana Breads



Made with all natural ingredients and no preservatives. Individually wrapped for on-the-go breakfasts or snacks. Perfect warm or cold. 6-3.6 oz./\$9.49 **\$8.99**



1255



8107



4726

1255 French Dip **\$1.28** per serving

Loads of roast beef sliced ultra thin. 36 oz. tub/\$9.99 **\$8.99**

8107 Nesquik® Low Fat Chocolate Milk **77c** each

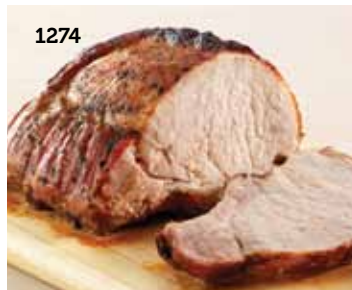
Chill, shake and serve. 24-8 oz. plastic bottles/\$19.59 **\$18.59**

4726 Apple Crisp **79c** per serving

Apples blended with sugar, butter and cinnamon. 2-24 oz. trays/\$9.99 **\$9.49**



3226



1274



7192

3226 Naked Bruschetta Stuffed Chicken Breast **170** cals. Chicken with classic Bruschetta fill. 4-5 oz./\$11.69 **\$10.69**

1274 Italian Rack of Pork Italian seasoned roast slices tender every time. 2.8 lbs./\$16.99

7192 Lasagna with Meat Sauce Bake & serve. 32 oz. tray/\$9.99 **\$9.49**



4936



7832



7782

4936 Old Fashioned Apple Cake Cinnamon & sugar dusted apple cake. 7 inch/\$9.49 **\$8.99**

7832 Angus Sliders 100% Angus beef, cheese & hearth baked rolls. 10-2.45 oz./\$12.99 **\$11.99**

7782 French Breadsticks Heat and serve. 20-1.5 oz./\$9.29 **\$8.79**



8160



3164



8118 | NEW 28 PACK!

8160 Cheesy Hashbrown Bake Shredded potatoes & cheese with corn flakes. 28 oz. tray/\$8.29

3164 Seasoned Chicken Breast Strips Zesty, fully cooked white meat strips. 2 lb. resealable bag/\$14.79 **\$13.79**

8118 Gatorade® Kid-Size Variety Pack Berry, strawberry & grape flavors. 28-12 oz. plastic bottles/\$17.99 **64c** per serving

1037 Stuffed Chicken Roast ▲
Juicy tender white chicken breast fully loaded with cranberry and sage stuffing. 2.5 lbs./\$19.79 **\$18.79**

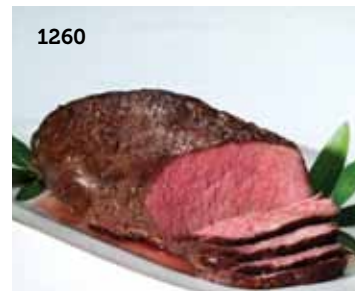


3091 Crème Brie Stuffed Chicken Breast ★★★★★
Gourmet chicken breasts with a rich Brie cheese and apple filling. 4-6 oz./\$12.49 **\$11.49**



1192 Stuffed Pork Roast LM
Pork loin with herb and apple sage stuffing. 3 lbs./\$15.69 **\$14.69**

1144 Petite Boneless Sliced Ham ☒ ☒ ☒
Naturally smoked with hickory wood. 2.5 lbs./\$15.99 **\$14.99**



3178 Oven Ready Boneless Turkey Breast ▲ ☒ ☒ ☒
★ ★ ★ ★ ★
All white meat. Self basting bag. 4-6 lbs.* @ \$4.99 **\$4.79 per lb.**

1260 Sirloin Beef Roast ▲ ☒ ☒
Lightly rubbed with peppercorns, garlic & herbs. 2 lbs./\$16.49 **\$15.49**

8180 Supersweet Corn ▲ ☒ ☒ ☒ ☒ ☒
★ ★ ★ ★ ★
Three times sweeter and crispier than any traditional sweet corn variety. 2-2 lb. resealable bags/\$8.99 **\$8.49**



8175 Baby Baked Potatoes ▲ ☒ ☒ ☒ ☒ ☒
Fully baked mini potatoes, lightly seasoned. 2 lb. resealable bag/\$10.59 **\$9.59**

4277 Three Cheese Twice Baked Potatoes ▲ ☒ ☒ ☒ ☒
Baked potato with three cheeses. Perfect side. 10-5 oz. portions/\$10.99 **\$9.99**

4615 Sweet Corn Casserole LM ★★★★★
A fluffy corn soufflé. A great side! 2 lb. tray/\$9.99



7787 Praline Sweet Potato Casserole ☒ ☒ LM
Whipped in brown sugar & pecans. 2 lb. tray/\$9.99

DELICIOUS!!!!

"This medley is so delicious! Everyone in our family loved them! One box served four adults and two kids - with leftovers for one meal. The mix of potatoes and the seasoning is wonderful! I will get this again!"
—sandersll, OH



4250 Sweet Potato Medley ▲ ☒ ☒ ☒ ☒ ☒

Warm up to roasted sweet potatoes, redskin potatoes and skin on russets. Seasoned to perfection and ready for the oven or grill. 1.5 lb. resealable bag/\$9.89 **\$9.39**

*Total price based on actual weight

Spring Holiday Meals

FREE

Munchtables Combo Pack

with \$90 online purchase*
 Promo Code: **MARBONUS**



*Limit one (1) free Munchtables Combo Pack (1-10 oz. Bag of Zucchini Munchables and 1-10 oz. bag of Green Bean Munchables) per qualifying customer. Offer valid only when order is placed at marketday.com and promo code is entered at checkout for orders picked up at a Market Day sale location or at a GFS Marketplace store. Offer not valid on purchases made at the Market Day store, GFS Marketplace stores or on Peapod orders. Purchase amount is calculated after applicable discounts/coupons and before tax. Effective for sale dates 3/2/14 - 3/29/14. No substitutions. Promotions subject to change or termination without notice.



Many Convenient
 pick-up options
 to choose from!

Visit the Pick-up Locator on marketday.com to find alternate pick-up locations.

VALUE MEAL



SHOPPING LIST

3218 Lemon Pepper ChicNSteakes (8-4 oz.)	\$10.99
8205 9-Grain Orzo Blend (1.5lbs)	\$8.99
Total:	\$19.98

\$2.87
 per serving

Freequent Buyer®



Buy 3 Times & Earn a
FREE
 Storage Basket!

- Approx. 10"h x 12.25"w x 6.5"d
- Features 2 exterior mesh pockets and sturdy plastic handles
- Folds flat for easy storage
- Perfect for homework, toys or office supplies!

Make two purchases of \$40* between February and April. Then place a third order of \$40* in May to receive your FREE Storage Basket at your May sale pick-up.

*Limit 1 Free Storage Basket with qualifying order per customer per promotional period. Offer valid only when order is placed at marketday.com and promo code is entered at checkout for orders picked up at a Market Day sale location or at a GFS Marketplace store. Offer not valid on purchases made at the Market Day store, GFS Marketplace stores or on Peapod orders. Purchase amount is calculated after applicable discounts/coupons and before tax. Market Day may substitute a free item of equal value if quantities of Storage Baskets are depleted. Promotion effective for sale pick-up dates 2/2/14-5/31/14. Promotion subject to change or termination without notice.



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 offers & more.
marketday.com



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 wherever you go.
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 see what others are saying.
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 Recipes, new items, easy
 meals, party ideas & more.
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HOW TO ORDER @ MARKETDAY.COM

1. REGISTER Select a school
 & create a username/password.

2. SEARCH Find product
 & add to your cart.

3. CHECKOUT
 Submit your order.

If you have questions about a product, call us toll free at 877.632.7753 Mon-Fri 7am-6pm & Sat 8am-12pm CST.

ORDERING INFORMATION: